Choosing a Program

<u>CDC ART Success Rates by Clinic</u>: can view patient & cycle characteristics as well as success of live birth per retrieval by clinical indication for ART)

<u>Society for Assisted Reproductive Technology</u>: SART- under IVF success, can see national success rates as well as data by clinic

Fertility IQ "Find a Doctor"": Includes patient ratings & reviews

Clinic Name	<u>State</u>	<u>City*</u>	Primary Address	Zipcode	Phone
Boston IVF	MA	Waltham	130 Second Ave	02451	(781) 434-6500
Brigham and Women's Hospital Center for ART	MA	Boston	75 Francis St	02115	(617) 732-5570
CCRM Boston	MA	Newton	300 Boylston St, Suite 300	02459	(617) 449-9750
Fertility Centers of New England	MA	Reading	20 Pondmeadow Drive	01867	(781) 942-7000
Massachusetts General Hospital Fertility Center	MA	Boston	32 Fruit St, Yawkey 10A	02114	(617) 726-8868

*While these are the primary addresses for these clinics, many of them have multiple locations (particularly for ultrasound and monitoring appointments). It is recommended that you review each clinic website individually for the most up-to-date information on clinic locations.

Of note, Boston IVF has a program for fertility preservation for oncology patients that includes a rapid consultation followed by egg freezing typically within 1-2 weeks in new diagnosis of breast cancer or other cancers where treatment may threaten gonads. Pietro Bortoletto and Denis Vaughan head up this program at BIVF (Pbortoletto@bostonivf.com; dvaughan@bostonivf.com)

<u>BMC Reproductive Endocrinology Clinic</u>: Specializes in treatment of reproductive endocrinology disorders and provides fertility preservation consultation. ART is available in collaboration with other IVF clinics.

Clinic Specific Resources

(please note that the links below are just a small sampling of what is available)

Boston IVF Fertility FAQ Boston IVF LBGTQ Fertility Services Boston IVF Wellness Center Boston IVF YouTube Channel Boston IVF Egg Freezing Boston IVF CME Webinar Schedule

<u>BWH Health Hub Blog: Choosing an IVF Program</u> <u>BWH List of Patient Resources</u> <u>BWH Elective Egg Freezing and Fertility Preservation</u>

<u>CCRM Educational Videos Library</u> <u>CCRM Fertility Financing</u>

CCRM Egg Retrieval

Fertility Solutions Free Webinars Fertility Solutions Pricing

Support Groups/Mental Health

AllPaths Peer-led and Professional-led Virtual Support Groups (formerly Resolve New England) Facebook IVF-Support Group: Massachusetts Facebook Pregnancy and Parenthood- After IVF Support Group: Massachusetts Single Mothers by Choice

BCH Specific Resources (can only access on internal wifi/VPN):

<u>Office of Clinician Support (OCS)</u>: available to all trainees; provides support for work-related issues, including burnout and stress management. Call 617-355-6705, or email Lauren Coyne (Lauren.coyne@childrens.havard.edu).

<u>DOCS peer support program</u>: a peer support program; DOCS coaches represent a wide spectrum of areas of practice, years of experience and diversity of age/gender/ethnicity. A DOCS coach is on call weekdays from 3-7 (page DOCS through BCH page operator); you can also set up an appointment by emailing DOCS@childrens.harvard.edu

<u>Employee Assistance Programs (EAP</u>): EAPs can provide referrals to mental health providers and have some availability to provide face to face counseling sessions. You can also receive expert consultations for financial and legal issues. EAP is offered at BCH through Supportlnc (<u>www.supportlinc.com</u>).

Surrogacy-Specific Resources

<u>Surrogate.com</u>: An online guide to surrogacy in Massachusetts, including articles about legal considerations, surrogacy costs, and ways to build strong relationships with surrogates.

List of potential surrogacy agencies to explore: <u>Bright Futures Families</u>, <u>Circle</u>, <u>ConceiveAbilities</u>, <u>CSED</u>, <u>Family Source Consultants</u>, <u>Simple Surrogacy</u>, <u>Same Love Surrogacy</u></u>. Several of these websites also offer helpful resources, including recommended reading lists, legal insights, and step-by-step guides to the surrogacy journey.

Insurance and Medication Logistics

<u>MyBlue</u> (BCBSMA insurance App, requires log-in. Can view plan benefits related to infertility, family planning and maternity; can view remaining deductible and out of pocket costs) <u>CVS Caremark Specialty Pharmacy</u> (log-in to track specialty medication orders and deliveries) <u>Freedom Fertility Pharmacy Injection Training</u> (videos on medication administration training)

BCH Specific Resources (can only access on internal wifi/VPN)

<u>BCH Benefits: Medical Insurance</u>: Review the Medical Plan Comparison chart for a side-by-side comparison of the different options. Scroll down to view the fertility treatment rider and the fertility preservation rider.

If you have questions or need more information you can reach out to HR Hub or you can call the member services number on the back of your card and you will be connected to someone who is an expert in the BCH benefits available (1-888-743-4505)

Last updated: October 28, 2024 Last reviewed by: Victoria Bradford, MD (victoria.bradford@cardio.chboston.org)