Practice using "living room" language (plain, non-medical language)

| Medical terms that patients may not understand | |
|--|----------------------------|
| Medical Term | Plain language explanation |
| Adverse | |
| Analgesic | |
| Anti-inflammatory | |
| Avoid | |
| Contraception | |
| Diet | |
| Generic | |
| Internist | |
| Intermittent | |
| Oral | |
| Cellulitis | |
| Enlarge | |
| Lateral | |
| Lesion | |
| Lipids | |
| Menses | |
| Monitor | |
| Normal Range | |
| Osteoporosis | |
| Referral | |
| Terminal | |
| Toxic | |
| Depression | |
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| Medical terms that patients may not understand | |
|--|---|
| Medical Term | Plain language explanation |
| Adverse | Bad |
| Analgesic | Pain killer |
| Anti-inflammatory | Helps swelling and irritation go away |
| Avoid | Stay away from, do not use/eat |
| Contraception | Helps you not get pregnant |
| Diet | What you eat, you meals |
| Dosage | How much medicine you should take |
| Generic | Something that does not have a brand name, same drug/food |
| Internist | Regular doctor |
| Intermittent | Off and on |
| Oral | By mouth, eat/drink/swallow |
| Cellulitis | Skin infection |
| Enlarge | Get bigger |
| Lateral | Outside |
| Lesion | Sore, wound |
| Lipids | Fats in the blood |
| Menses | Period |
| Monitor | Keep track of, keep an eye on |
| Normal Range | Where it should be, provide the range |
| Osteoporosis | Soft, brittle bones |
| Referral | Ask to see another doctor |
| Terminal | Going to die, not going to live |
| Toxic | Poisonous |
| Depression | Feeling sad or down |
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