

Micro-Burst of Educational Theory and Principles

BCH Academy

January 12, 2021

Self-Determination Theory (SDT): Breakout Group

A learner in your course has seemed disengaged in seminars. He also hasn't completed home practice assignments to apply new clinical skills. You check in with him and find out that he feels unmotivated to participate. He says the material is "over his head," he doesn't have friends in the class, and he dislikes being evaluated as part of a group. He adds that he only comes to seminar because it's required.

Using Self-Determination Theory, what are some reasons why this learner is struggling? How could you re-engage him?

References

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