So You Want to Be a Stellar Supervisor?

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SUPER SUPERVISOR





Disclosures

• We have nothing to disclose





Objectives

- Describe three forces responsible for shaping supervisor/supervisee relationships
- Consider how this framework can guide supervisor relationships through case-based discussion
- Identify at least one personal change to trial in future supervisor/supervisee interactions





Defining "Supervision"

• How do you define supervision?





Defining "Supervision"

• Merriam-Webster:

A critical watching and directing

 Important to ACGME, ANA & BCH's Office of GME





Are We Good Supervisors/Trainees?



Boston

Hospital

Until every child is well[®]

Children's



Biondi et al, Academic Medicine 2015

Are We Good Supervisors/Trainees?



Resident behavior by setting

We all think we are better at it than we are



Boston

Hospita

Until every child is well

Children's



Biondi et al, Academic Medicine 2015

Supervision

Autonomy



















Case Discussions

- Split into 3 groups to work through cases of supervision challenges
- For each case, consider the supervisor and trainee
 - Autonomy
 - Competence
 - Connectedness







Scaffolding









Scaffolding

3 COMPONENTS OF SCAFFOLDING

- **Contingency**: calibrated support
- Fading: gradual decrease in support
- Transfer of Responsibility: learner ultimately assumes responsibility

ACGME LEVELS OF SUPERVISION

- **Direct supervision**: supervisor physically present
- Indirect supervision: supervisor available if/when needed
- **Oversight**: supervisor available to review decisions/questions





Going Forward

 Write down one technique you plan on trying in your next supervision interaction, and one challenge you might encounter







Resources

- Biondi EA, Varade WS, Garfunkel LC, et al. Discordance between resident and faculty perceptions of resident autonomy: can self-determination theory help interpret differences and guide strategies for bridging the divide? *Academic medicine*. 2015;90(4):462-471.
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Thank you!

You have BRAINS in your HEAD. You have FEET in your SHOES. You can STEER yourself any DIRECTION you CHOOSE. -Dr. Seves



